

**VINAYAKA MISSION'S RESEARCH FOUNDATIONS, SALEM
(Deemed to be University)**

**M.Sc.(NURSING) DEGREE EXAMINATION –November 2020
First Year**

CLINICAL SPECIALITY I : MENTAL HEALTH NURSING

Time: Three hours

Maximum: 75 marks

Answer ALL questions

I. ESSAY: (2 x 15 = 30)

- 1.a) Explain the scope of psychiatric nursing. (5)
- b) Describe the normal reactions to conception, pregnancy and puerperium. (5)
- c) "Documentation" – Discuss. (5)

2. i) a) Define ECT .(Electro convulsive therapy). (2)
- b) List out the indications and contra indication of electro convulsive therapy. (2)
- c) Explain the role of nurse in pre and post electro convulsive therapy. (3^{1/2})
- ii) a) Define yoga. (2)
- b) Enlist the indications of yoga. (2)
- c) Discuss the contribution of yoga in psychiatric field. (3^{1/2})

II. SHORT ESSAY: (2 x 10 = 20)

3. Describe the role of psychiatric nurse in stress management.

4. a) Discuss the phases of therapeutic communication. (5)
- b) Explain the role of nurse in therapeutic impasses. (5)

III. WRITE SHORT NOTES ON ANY FIVE OF THE FOLLOWING: (5 x 5 = 25)

5. Mental health team.
6. Role of genetic in psychiatric disorder.
7. Cognitive development theory.
8. Process recoding.
9. Psychomotor disturbances.
10. Premarital counseling.